

RAPPAHANNOCK NATURE CAMP 2023 Enrollment Application

BEFORE YOU ENROLL:

- Every session is open to campers age 8 to 16 and any camper may attend any number of sessions. Note that campers must be 8 to 16 years old as of the first day of camp.
- At present, we do not anticipate any restrictions as to local residence.
- Application must include full payment of \$225 for each one-week session. (Contact Camp Director before enrolling if you need financial assistance.)
- Our policies are greatly modified from pre-pandemic years due to Covid. Read everything carefully and make sure that all of our plans and policies are acceptable to you.

TO APPLY:

- Mail one enrollment application for each camper to:
Rappahannock Nature Camp, P.O. Box 145, Sperryville, Va. 22740.
Electronic submissions are not accepted at this time.
- Be sure to fill out both pages of Health Form.
- Be sure to sign Permission Form.
- Be sure to enclose check for \$225 payable to “Rapp Nature Camp.”
- Incomplete applications will not be accepted. Campers who have submitted complete enrollment applications, including all requested health information and disclaimer/permission form and full tuition payment, will generally be accepted on a first-come-first-served basis according to US Mail postmarks, but campers who sign up for more than one session will be given priority and we may make other adjustments to accommodate as many campers as possible.
- Camp sessions are expected to fill quickly and early application is encouraged. After full enrollment (probably 20 campers), we will notify you and maintain a waiting list in case of cancellations.
- Applicants will receive notice of acceptance, directions to the camp site, and future reminders and notices of any changes due to changing COVID conditions.

QUESTIONS?

Contact Camp Director at rappnaturecamp@gmail.com or 540-252-6308.

TO PARENTS:

→ Keep this notice for reference! ←

Camp sessions will be Monday - Friday, 9:00am to 3:00pm. Please arrive promptly every morning, and make sure your camper has a ride home promptly at 3:00. Children who arrive early or do not have a ride home at 3:00 will not be supervised.

Here are notes on what to expect and what to bring to camp, along with our policies and procedures related to COVID guidelines and restrictions:

WHAT TO EXPECT:

- Our activities are aimed at nature observation, discovery, and community building. Activities at camp are all outdoors, with an open barn, screened pavilion, garage and canopies available as shelters when needed. We explore gardens and trails, catch and release insects and amphibians, spend time at our own individual Quiet Spots, and observe all kinds of plants and animals at every opportunity. Parents of first-time campers who are not familiar with camp activities may want to request a copy of our camper-produced newsletter, *News from Singing Creek*.
- We expect to spend some time near the end of each camp day in the shallow Hazel River. There will be an opportunity to change clothes. We will have time for snack and lunch, which campers should bring every day.
- Parents will be invited to attend our Open House at 1:00 on the final afternoon of each session when campers will present their nature projects.
- NEW THIS YEAR: Session 4 will include an optional evening camp experience.

WHAT TO WEAR EVERY DAY:

- Arrive in clean clothes every day.
- Wear comfortable clothes that you don't mind getting wet. Long pants that can be rolled up are a good choice. Some may choose to wear bathing suits under other clothes.
- Good walking shoes are a must. Campers will be able to change shoes for water activities but any kind of boots or sneakers that you don't mind getting wet will suffice. Sandals are discouraged. No bare feet allowed at any time.
- Some kind of hat will help to keep bugs away and is a good idea for protection from rain and sun.

WHAT TO BRING EVERY DAY:

- Each camper will have an individual storage space. A complete change of clothes during the day at camp is a good idea.
- Bring a clean towel too.

- Bring a clean mask in a small paper bag.
- Bring a water bottle that can be refilled, or bottled water. We will have drinking water available, but bottles are to be refilled only by a counselor or our nurse on staff.
- Bring a good healthy lunch and snack. We will remind our campers: No food sharing! And please, no sodas or “energy” drinks.
- You may also want to bring sunscreen and a good natural insect repellent.
- Do not bring pets, captive animals, educational materials, cameras or electronic devices. Travel light—you’ll be glad you did!
- Note: Cell phones will not work at camp. A landline is available for camper use if necessary. Parents may call 540-987-9530 any time and leave message.

SPECIAL CV NOTES:

- We will have a camp medic on staff to oversee Covid-related procedures. These will include screening upon arrival.
- We do not expect any restrictions as to local residency this year.
- Please use caution during transportation, especially when carpooling.
- Our activities are all outdoors or in open barn or other shelter.
- We will not permit any sharing of food or water and campers may not refill their water bottles. Nurse will refill bottles when necessary.
- We expect to be outdoors all day. If there are exceptions and we are inside as a group, or as otherwise directed by our nurse on staff, we will wear face coverings.
- We will maintain 6-foot spacing when feasible, but we want to make it clear that social distancing will not be feasible during some of our activities.
- We will have separate individual storage areas or containers for each camper and staff member.
- We will have a “sick camper” plan in place and we will be prepared for contact tracing if that is ever necessary.
- Parents are hereby instructed to keep campers at home if not well and notify Camp Director or nurse.

→ Keep this notice for reference! ←

name of camper_____

likes to be called_____

Applying for:

- Session 1 (June 12 - 16, 2023)
- Session 2 (June 19 - 23, 2023)
- Session 3 (June 26 - 30, 2023)
- Session 4 (July 3 - 7, 2023) → NOTE: July 4 will be a regular camp day ←

I hereby grant permission for the above named Rappahannock Nature Camper to participate in activities at Singing Creek and surrounding properties. I agree to hold harmless Rappahannock Nature Camp officers, board of directors, volunteers, camp staff, owners of the camp site and surrounding properties and their agents and employees from any and all loss, costs (including attorney's fees) and damages, including illness, personal injury or property damage, as a result of participation in the camp. Specifically, I have read and understand the camp's policies on COVID-19 management and acknowledge the risk of association with fellow campers and staff. I agree not to allow my child to attend on any day when he or she is exhibiting or complaining of any symptoms of any kind of illness, and I will notify Camp Director or Camp Medic as soon as practical. I also agree to notify Camp Director of any COVID-19 symptoms or positive test results that come to light within 14 days after the last day of camp. I certify that camper is free of any symptoms, diagnosis or positive test results related to COVID-19.

I understand that all campers, including my child, are expected to abide by camp rules and to participate safely and cooperatively in all activities, and that any camper's participation may be terminated immediately upon request by the Camp Director. I understand that camp staff is limited and disruptive behavior cannot be tolerated. I understand and agree to abide by the camp's policies of: (1) participation in all activities, (2) no electronic devices to be brought to camp, and (3) absolutely no visitation during camp hours, except in emergencies and as authorized by Camp Director.

PHOTOS: I hereby [please check one] ___do, or ___do not grant permission for photos of my child to be taken during camp activities. Rapp Nature Camp agrees that photos will not be used online except at rappnaturecamp.org and newspaper and magazine online issues, and that camper names will not be identified in any photos in any publication or online without prior permission. I understand that Rapp Nature Camp and camp staff make no guarantees as to the use of photos taken by others.

parent or guardian

date

RAPPAHANNOCK NATURE CAMP

HEALTH FORM FOR CAMPERS

One for each camper please!

→→→→ Don't forget page 2 ←←←←

Name of camper _____

Mailing address _____

email _____

Parent/guardian _____

telephones: _____

Parent/guardian _____

telephones: _____

If parent or guardian is not available please contact:

name _____

telephones: _____

name _____

telephones: _____

*Insurance company: _____

Physician of choice: _____

*Insurance subscriber's name
(if different from camper) _____

telephone: _____

*policy # _____

* (or attach copy of insurance card)

PLEASE PROVIDE HEALTH HISTORY
→ ON NEXT PAGE ←

CAMPER HEALTH FORM

page 2

Name of camper: _____

Date of birth: _____

sex _____ height _____ weight _____

Date of last exam by physician: _____

Date of last tetanus immunization: _____

Any communicable diseases?

___no

___yes: _____

Please comment where applicable:

recent illness: _____

surgery: _____

injuries: _____

allergies: _____

restrictions on activities: _____

current medications/instructions: _____

I grant permission for camp staff to administer:

___Benedryl

___Tylenol

signature of parent/guardian:

seizures: _____

headaches: _____

special diet: _____

Any other information we should know about:

PLEASE FEEL FREE TO ATTACH ADDITIONAL
NOTES OR SPECIAL INSTRUCTIONS.