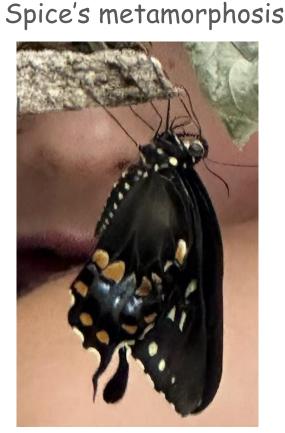
## NEWS FROM SINGING CREEK

Rappahannock Nature Camp 2024















Wood Froglets





Dear Campers,

It's been a joy this Fall to review our magical summer along the Singing Creek! Camp was filled with amazing discoveries. Each day brought us close encounters with the natural community we're a part of. Poetry and magic flowed during Quiet Time. Music was in the air. I loved being with you as we observed and learned about our Camp friends!

This summer, we had our first campout in several years; what fun to spend the night together at Azalea Rocks! We look forward to having another one for older campers in our first week of 2025. There were many stories that continued throughout the four weeks of Camp. Wood Frog tadpoles transformed to tiny froglets and left the Phoebe Pond. We found a Spicebush Swallowtail Caterpillar during week 2. We kept it safe and saw it transform to a Chrysalis, and we released "Spice" in our Story Circle during week 4. Newts were of great interest, and several began to transform to efts right under logs by the Frog Pond. Low water throughout most of our Camp weeks meant that we were able to see lots of Crayfish, fish, and salamanders. Reptiles were important this summer--thanks to a well fed water snake, there were hardly any Noisy Frogs at the Frog Pond at the start of Camp! Under the bark of another log, a skink had laid her eggs. Each group also had a sighting or 2 of the Blind Black Snake.

We were reminded that Camp Never Ends on our last day of Summer Camps this year, when a Camper found a newly forming Chrysalis on her Quiet Spot stick. Have fun remembering Camp's many stories on the pages that follow!

Next year will be the 40th year of Camp! We will have Spring Gathering on April 5th at Azalea Rocks we hope you can attend. Next summer, our theme is Community. See dates and this year's group photos on the back cover. Mark your Calendar, and invite a friend! With Lyt retiring this summer, we will have a new Counselor, Smith, joining me, Nina, and Gus for a special summer of fun, magic, and Community along the Singing Creek. We can't wait!



A new chrysalis forming









By Karla B.

At quiet time I

See bugs moving

And if I am lucky
I see a little fishy

At quiet time
I hear the sound

Of the river going

Down to the stream

And I hear the sounds of

Animals too

#### My Quiet Spot

By Nico
In my quiet spot, I
Hear all the sounds of nature.
I hear the Singing Creek
Singing me a beautiful song.
I hear a breeze blowing
The trees leaves, and the
Hazel River flowing.
In my quiet Spot I feel
connected to Earth.

All in my Quiet Spot.





-Nico

#### Quiet Time

By Bella

Quiet time is where I
sit in the quiet with
a tree above me.

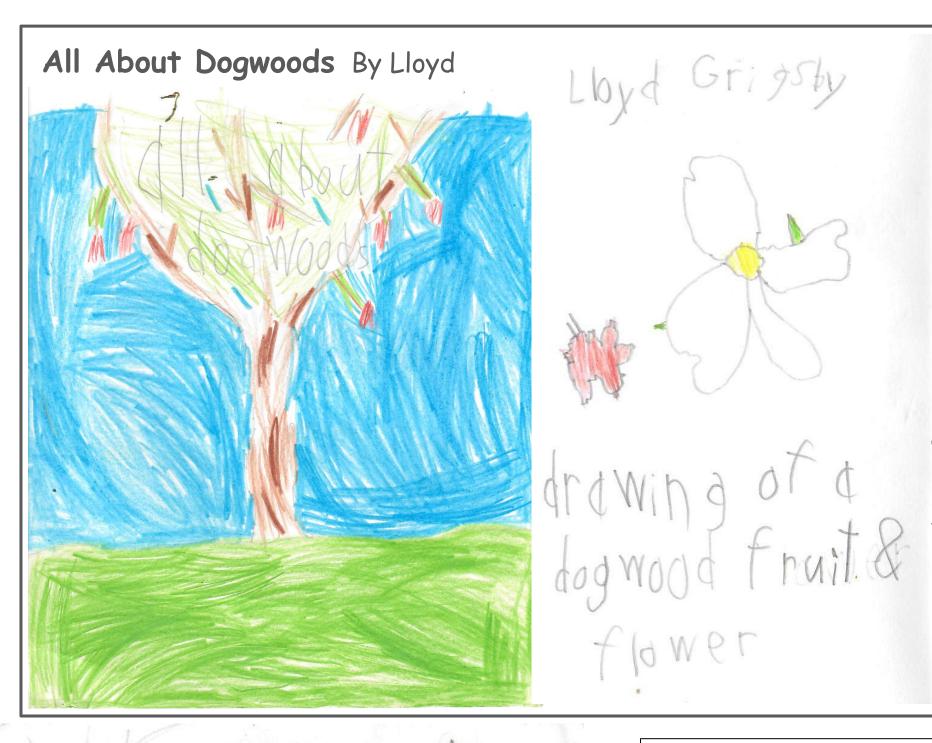
Next to me a rock sits
water and dirt spotted on it.
I put a leaf in the water
as I watch it go by.
I see a friend next to me
with rocks stacked that they
made yesterday.
I feel a cold breeze run by

And that is quiet time.



Quiet By Camryn Skillman Quiet is the word that I would use to describe this moment Even though the world around me is far from such The river which rocks I sit on is racing downstream carrying with it small fish and broken down rocks The mosquitoes buzz gets louder much to my annoyance; The gnats however keep their distance due to a purple coil I wear around my wrist To my left, a friend sits looking down into the river's clear water peering down at the fish Behind me is a stick of bamboo with a red "14" taped to the top I take it out of the dirt where it stands out comes an orange spider using its long legs to run around angrily I place his home right back, carefully I look to my right My Friend, her arms decorated with colorful bracelets one of which I made for her just the day before She's looking down Coloring masterpieces I hear no birds mayhaps because the flow of the river is really all I can hear. I have the urge to just Jump To jump into the river to rid myself of this hot sticky humidity. Before I have the chance I hear the melody of a flute

echoing through the forest behind me.



#### Dogwood Fun Facts

Lloyd Grigsby

- If you break a leaf in half carefully, there is a sticky substance that will hold the leaf together and make the bottom half look like it's floating
- It is the state tree and flower of Virginia
- The twigs can look purple
- The wood is red and very hard

I know the tree is a Dogwood because the leaves are smooth, broad, and are not lobed.

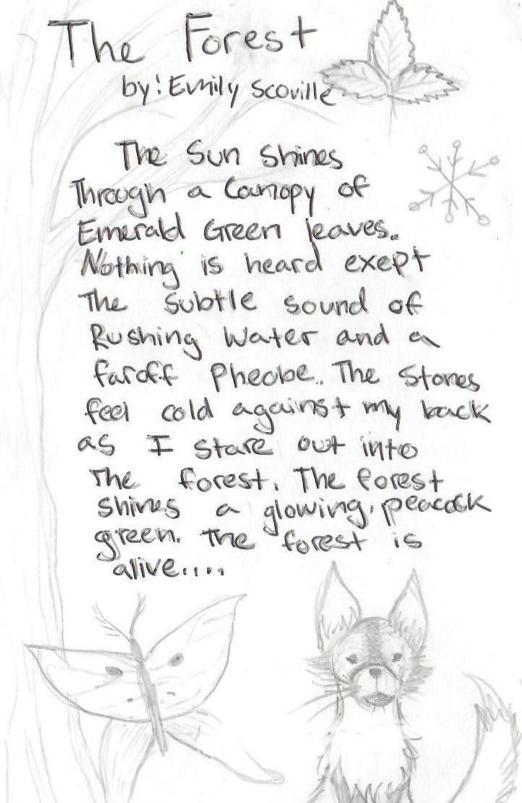
I also know because the bark is rough, light in some places, dark in others.

#### Dogwood Joke:

Person 1: Why are dogwood trees called

dogwoods?

Person 2: Because of their Bark!



#### Frog

Author unknown Oh what a wonderful bird the frog are.

When he hop, he fly almost.

When he stand, he sit almost. He ain't got no sense hardly.

He ain't got no tail hardly neither.

When he sit, he sit on what he ain't got almost. Oh what a wonderful bird the frog are

Deer (based on Frog)

By Penelope Thomas

What amazing magic has the deer When she walk, she run almost When she jump, she fly almost She got enough sense, I suppose.

When she still, she almost pose. What amazing magic the deer has!



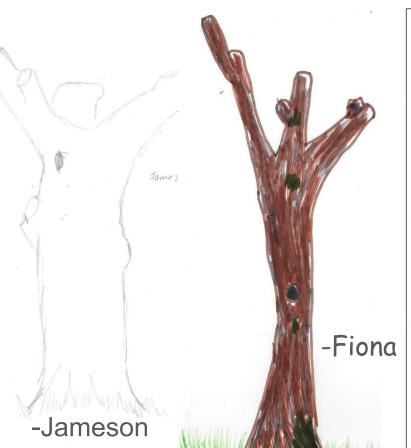
By Beckett Handy

-Illy

Trees are life Beauty, nature Home to many animals Big and small many more Also trees keep us alive Without trees

Beckett









By Emily B. Lasunating

# Pluteus Cervinus

Common name: Faun Mushroom, Deer mush-

Family: Pluteaceae

Classification: Gilled mushroom or a deer mushio The fawn mushroom has a cop which is about 3-12 centimeters wide. At first this Cap has a convex shape clook at photo below? but with age it flatens out. Under the cap there are gills, which can help with storage and can release spores. This fungus can find them In small groups on that this grows on so it specific tree over North America. Even though this many mushrooms and fungi similar to this that you have to be cautions.

6-CONVEX



By Sam T.

I chose Animal Sights and Tracks because I thought it would be cool and fun.

I have learned that predators are dangerous to almost all animals. And I loved the patterns and the tracks.

E Der Print

## Animal Sights and tracks

Sam and Quin

- Pileated Woodpecker back tail feathe
  - It would use it to climb
- Hornet nest
- Owl Nest
- Ant Nest
- Caterpillar eating leaves
- A bird ate a butterfly
- Deer track
- Beetle larva
- Bear track
- Sap sucker holes
- Wild turkey feather



Common Name: hygrometricus

Family: Diplocustidiaceae Classification: Earthstar

It has a sphere structure, which is the spore case. It is a grayish-brown Color. It also has a rough surface that is 10-25 millimeters wide. This earth-Stars can be found on the ground, trees or any natural area in North America. they are sometimes found in small groups. If a drived earthstar it's rays. water it expands

Phellinus robiniae cracked Family: Hymenochaetaceae

Classification: Polypores

This polypare has a cap that's size can range from 3-35 centimeters. The cap is a shelf-like shape. It feels rough and woody. It is a dark brown on the yellowish-brown on the bottom. You can find this mushroom-like fungus on living or dead bourst trees. It releases spores during summer and fall. It is a decomposer of wood.

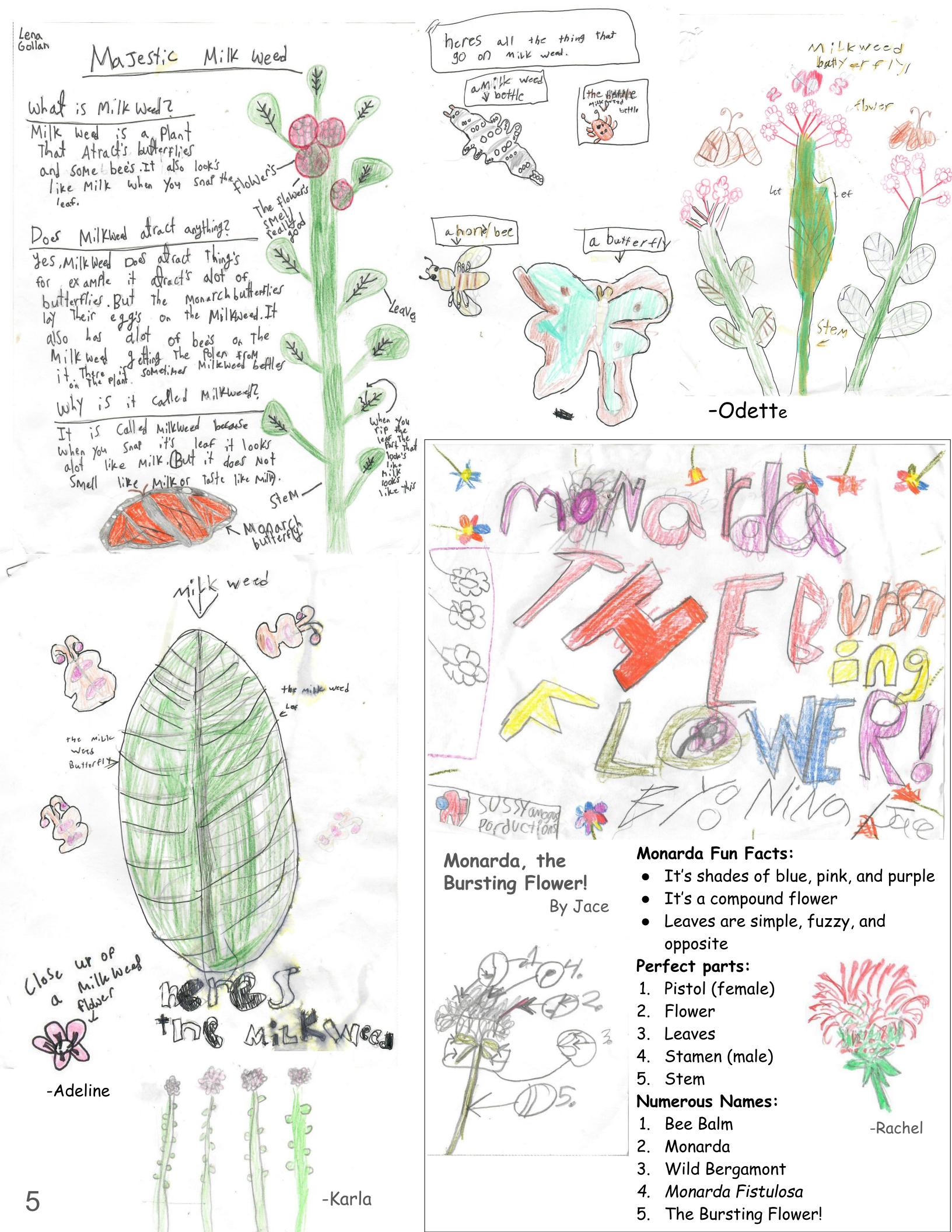
I learned that there are hundreds of thousands of fungus types. Fungi grows really fast because of mycelium network which contains new cells. Mycelium network can transfer water, Nitrogen, carbon, and other materials. Even though we think of fungus as a mushroom the main part is the mycelium network which gives Nutrience to surrounding plants. So backally this network connects plants in a forest to communicate. So mother trees can give nutrience

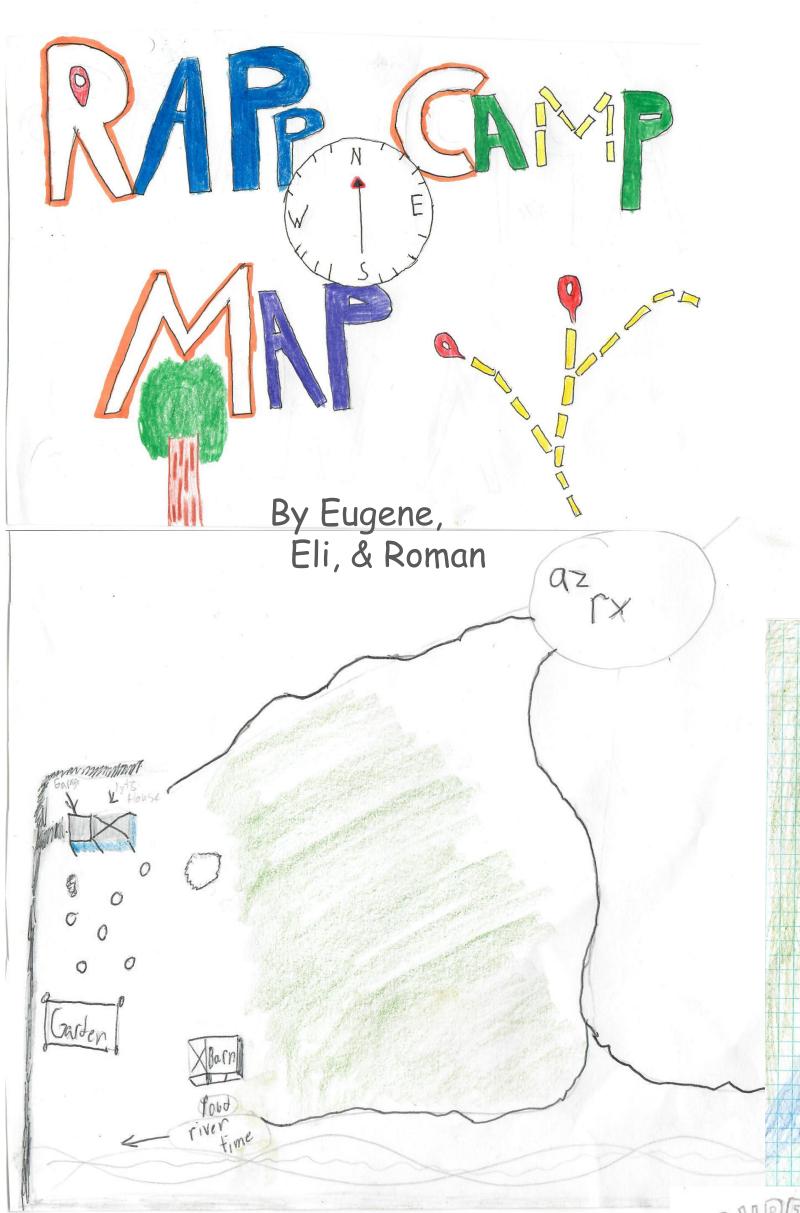


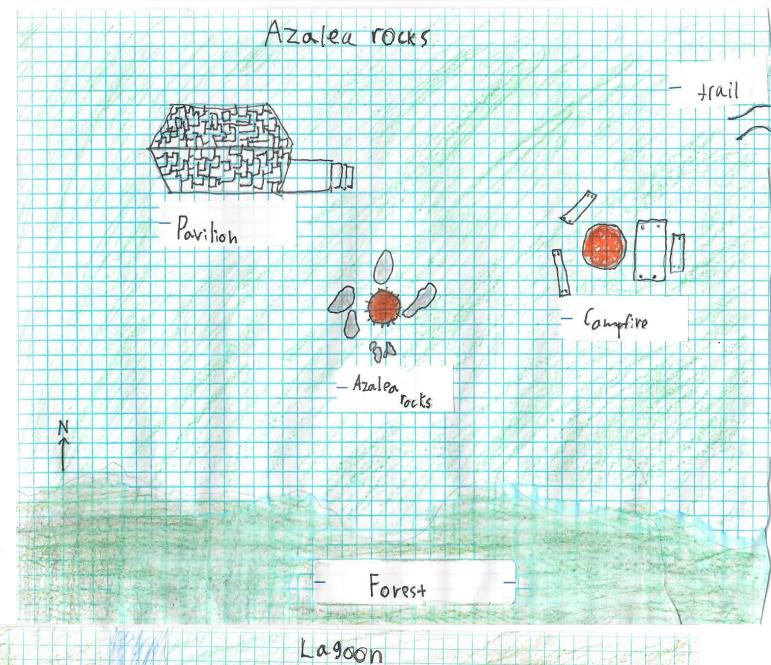


"Chantrel Guy"

- Isaac









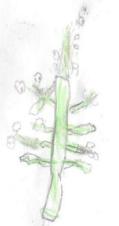


## Meet the Mint Family

By Karla B.

What Mints Have in Common:

- Stem is square
- Opposite leaves
- Fragrant plants
- Pollinators love them!

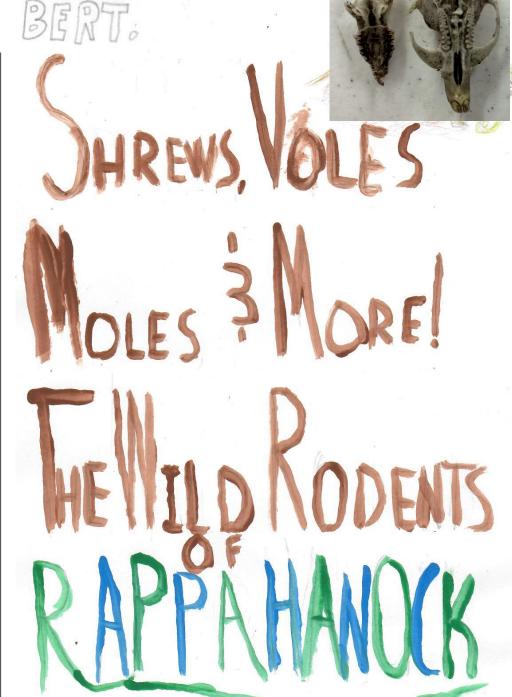


Catnip:
Bees, many kinds,
Ants

Lemon Balm: Small wasps, small bees

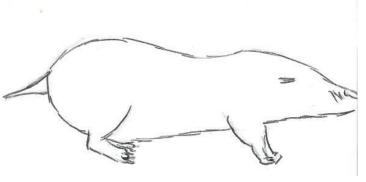


Bee Balm/Monarda: Hummingbird, hummingbird moth, skipper butterfly, bees, many kinds

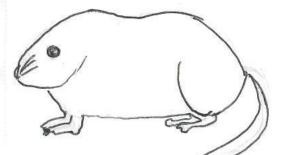








Meadow Vole



## Story of the Day Session 1

#### Day 1

Welcome Campers! A perfect first day unfolding Finding sticks, and find a magical dogwood with new and old friends Shrewbert leads the way for our first quiet time. Caterpillar, Moths to see Music in the air! Splashy River time. River creatures, Toad

#### Day 2

A day for seeing. Trees with personality persimmon moth Foxlike deer Projects starting! Silk Moths, Leopard New song to sing Blind Snake visitor Aha! A shrew skull Mapping our Camp Home



#### <u>Day 3</u>

Treasure discovered. Projects reveal The details of camp Jack the Snapper, Gary watersnake Frogs, tadpoles, newts. Visitor reveals: Two-lined Salamander That fights the Chitrid Music, singing Kentucky Warbler

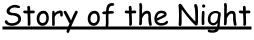
#### Day 4

Exciting morning of project work Culminates in a peaceful Quiet Time,

Crayfish, salamander hunts' remains in view.

River sings to us a song Spirit play in mountain water Thinking of our home and Those who went before

On Manahoac Trail to visit friends.

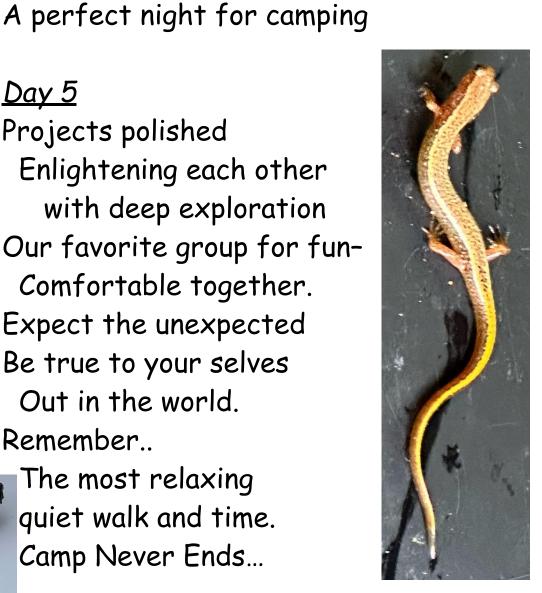


A scrumptious dinner. Many hands make the work fun Builds community Sweet s'mores, bananas Night falls, eyes adjust Dark hike reveals Active crayfish, treefrog song Bright entertainment! Seeing stars, campfire closeness

#### <u>Day 5</u>

Projects polished Enlightening each other with deep exploration Our favorite group for fun-Comfortable together. Expect the unexpected Be true to your selves Out in the world. Remember..

The most relaxing quiet walk and time. Camp Never Ends...





## Story of the Day Session 2

#### Day 1

Camp is alive with discovery! Observation Pond reveals Tiny turtles, newts, frogs Singing Campers, Bird song, laughter Tiny froglets in the pool Nine crayfish, one with babies A wise box turtle snacks on mushroom Snakelike caterpillar Find a quiet spot Before a special story circle.

#### Day 2

Camp is in motion.

Froglets disperse; Newts swim and splash

Camp is still. Quiet time

Moving with partners to find special trees Welcome guest has us moving in new ways

New songs, new ways of singing

Our creek shows us Crawdads, soft and hard Fish with whiskers

Cool ways to move together

#### Day 3

Look up! And you might see a shiny black snake in a tree Watch it slither silently. White Horse watches us as we Work on projects eagerly Higher, from another tree. Listen-high up, hear the laugh of woodpecker joining our story After a Cool time on the moss bed

down in the river.

#### Day 4

Sun Stand Still.

Projects completed, with

Baby salamander,

Art, drawing

Water Thrush visits our Quiet Time Lagoon.

Noisy Frogs return! River Hike to swimming hole Finish project- catch a crayfish Camp music continues!

#### <u>Day 5</u>

We sing in our last day of Camp. Snake in pond joins the fun, rattling black tail Friends enjoy our Quiet time together Sharing projects-Amazing camp discovery! Remember River. Where did the time go? But be happy, Campers. Camp never ends!





## Story of the Day Session 3

#### Day 1

New friends and old gather at camp Sharing songs and memories Tiny frogs flood from our pond;

a moving forest floor Catch a rainbow of fish in our Hazel River time

Quiet Spots reveal a turtle White horse watches As our breezy day blows by

Eager for tomorrow

#### Day 2

Exploring Home, we see Blind black snake slither

Worms, beetles shelter by our barn

Woodpecker sights & sounds

Quiet time excitement,

Raven screaming

Music fills our ears

Friendly guest tells bird stories

Shows nests and signs

Fish in river

Luna, Lemonade moths

Released

## Day 3 Peace and Poetry.

A day for birds Wood Thrush hears our song

as we walk from quiet time.

Red Bellied Woodpecker Fledgling warbler Heidi happily joins our river time

Sings a song for us.

Happy Red Dog's sense of smell

restored with a button!

Projects reveal fish, newts,

And more signs of animals Coyote Walk to Purple Cow,

wineberries, Treasure! We are rich with nature.



#### Day 4

After the rain Sneaky Blind black snake snacks on bird box contents. We watch its calm descent.

Project groups resume, busy Creating, discovering.

Songs with uke and banjolele Singing beautifully

Quiet time- our spots are changing.

Snake skin feeds tadpoles, River water risen Friends together, berry snacks, fish to catch

Red Dog hides again

#### Day 5

Grateful for our week together A kaleidoscope of amazing projects.

Dazzling details:

Ghost Owl, fireworks flower Wigglers, flyers, all around Dur Camp is quiet and alive Happy faces and hearts Surrounded by our home in nature

Music in the air Camp Never Ends.



-Emily S.

## Story of the Day Session 4

#### Day 1

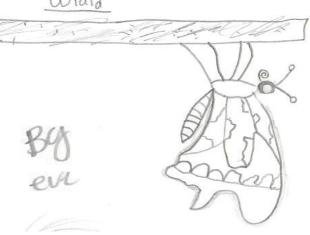
Action-packed day! We emerge at camp with open eyes,

ready for discovery.

Swinging, learning our camp pond is home to many:

Changing Efts under log Frogs under rocks, still Mama skink with eggs in bark Camo treefrog on PawPaw Spice emerges safely home, pumps wings and body with new life Finding sticks & quiet spots Crayfish, fish at home in river New friends, well met Butterfly released in Circle





#### Day 2

Morning Moths Quiet time discovery Wineberry dining fills us up! Pictures to remember:

by: Emily Scoville

Flowers, Tree, Luna, Pond Singing freely to our frogs Water wonders-

Dobsonfly, stonefly, Waterpennies Fish and crayfish, many colors Eggs of skink, safe in box Cooing dove sings out our circle

#### Day 3

Everything was great.

Marvelous morning moths & swinging

Starting projects: Herps, mints, spiders

Mushrooms- and a Bear!

Art at river, juggling lesson. River reveals crayfish, stonefly

Fun catching together Salamander!

Music rises! Share a song.

Fungus friend leaves us a treasure So much more to learn.



#### Day 4

Many morning moths! Quiet time, delightful.

River Salamanders appear!

Projects: progressing well Turtles, tea, and more!

Rain brings us

the fragrance of life at the river And, the right time for an indoor

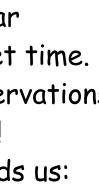
story circle on a soft rug. Cozy and safe, ready for tomorrow

#### <u>Day 5</u>

Moth and Dobsonfly to tent Finish projects: catch a frog

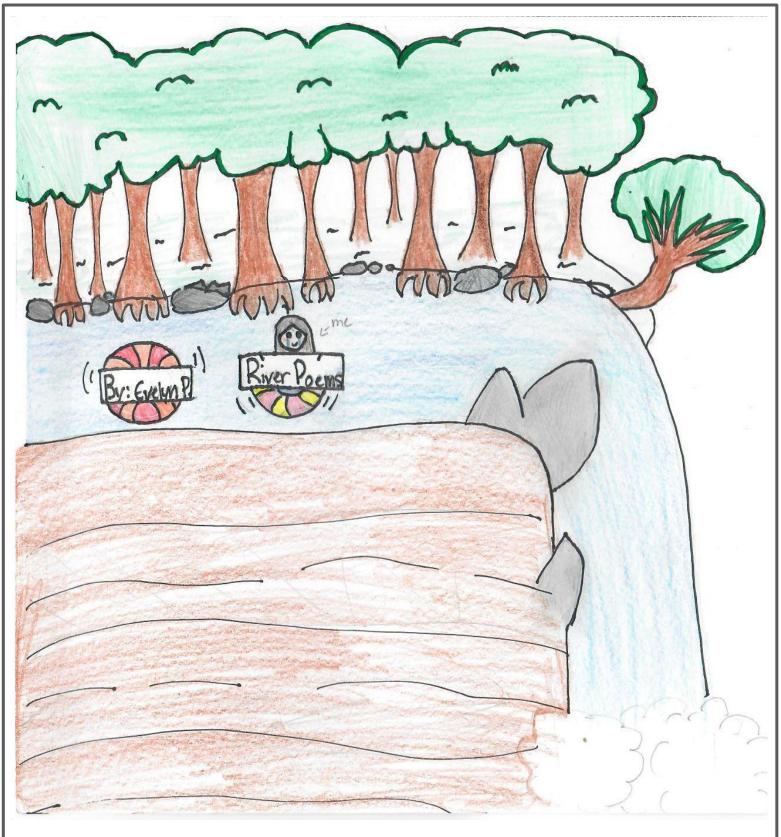
Camp Never Ends!

So many wonders yet to share! Music rises, strong and clear Wood Thrush joins our quiet time. Learning from friends' observations It's another Best Day Ever! Swallowtail chrysalis reminds us:









River Poems by Evelyn P. Untitled #2

Untitled #1 air breathes one life out of Many fire takes

So stop Earth waits Breathe

But water appreciate life Waterplays like water

Swirling and spining aroundrocks

like the ocean to boats Wearing down rocks

like existence to humans

grinding grinding grinding

till it is nothing not nothing

agrain of sand on the floor of the ocean

There are many kinds of Stories Some of Life.

Some of Death. some of Joy

or sadness.

Existence tells those stories. all things have a presence. But the Elements are different

Especialy water. water can tell stories of difference.

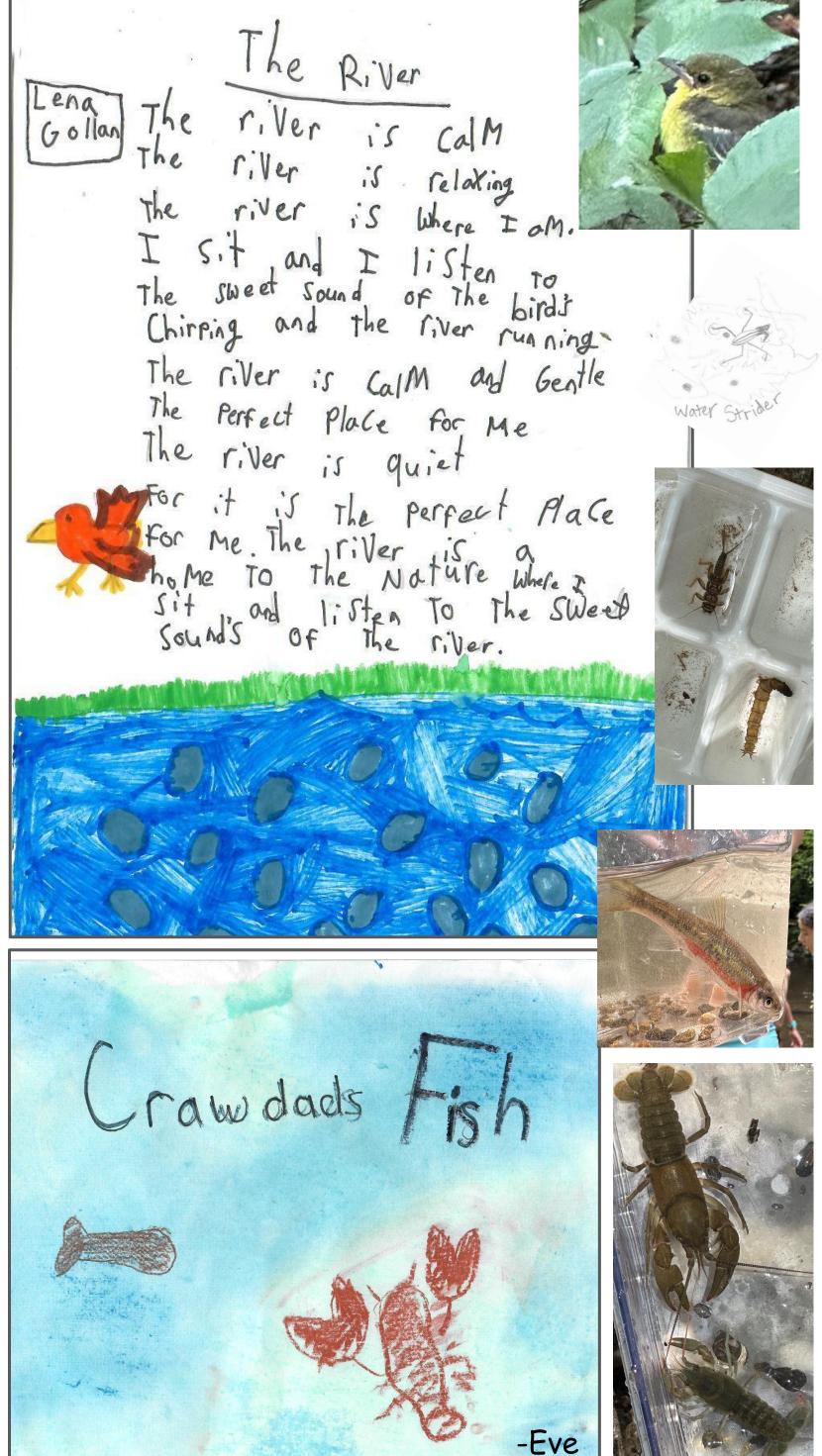
time. Power.

calm.

Understanding. Water is something all living things

Need.

That is why it can show more



#### The River

by Hayden R. As you walk through the woods Enjoying every sound From the birds to the bees And the moles in the ground, The one thing that really catches my eye,

Is the river slowly drifting by. I sit down next to the stream

While the water rushes down to the sea.

With rocks eroding over time

I wonder, why this all be here As the world is moving by

Hayden



#### **Bird Observations**

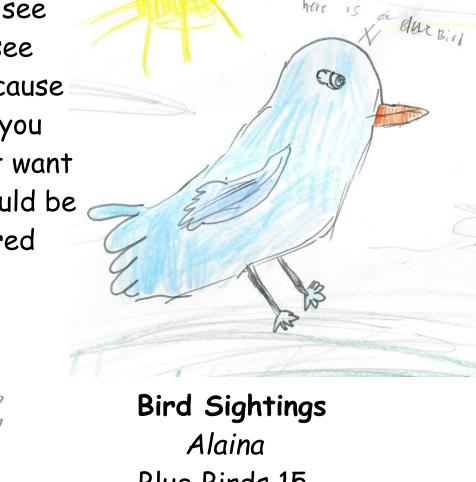
Odette, Annie, Alaina

There's a lot of Blue Birds in this area. If you look into the Binoculars, you can see Blue Birds up close. If you want to see Blue Birds you have to stay quiet because if you scream or talk very loud then you could scare them away, and you don't want to scare them away because that would be mean. You would not want to be scared away so do not scare them away.

Look in the binoculars

- 1. Take turns
- 2. Don't be loud
- 3. Don't fight
- 4. Mark the birds





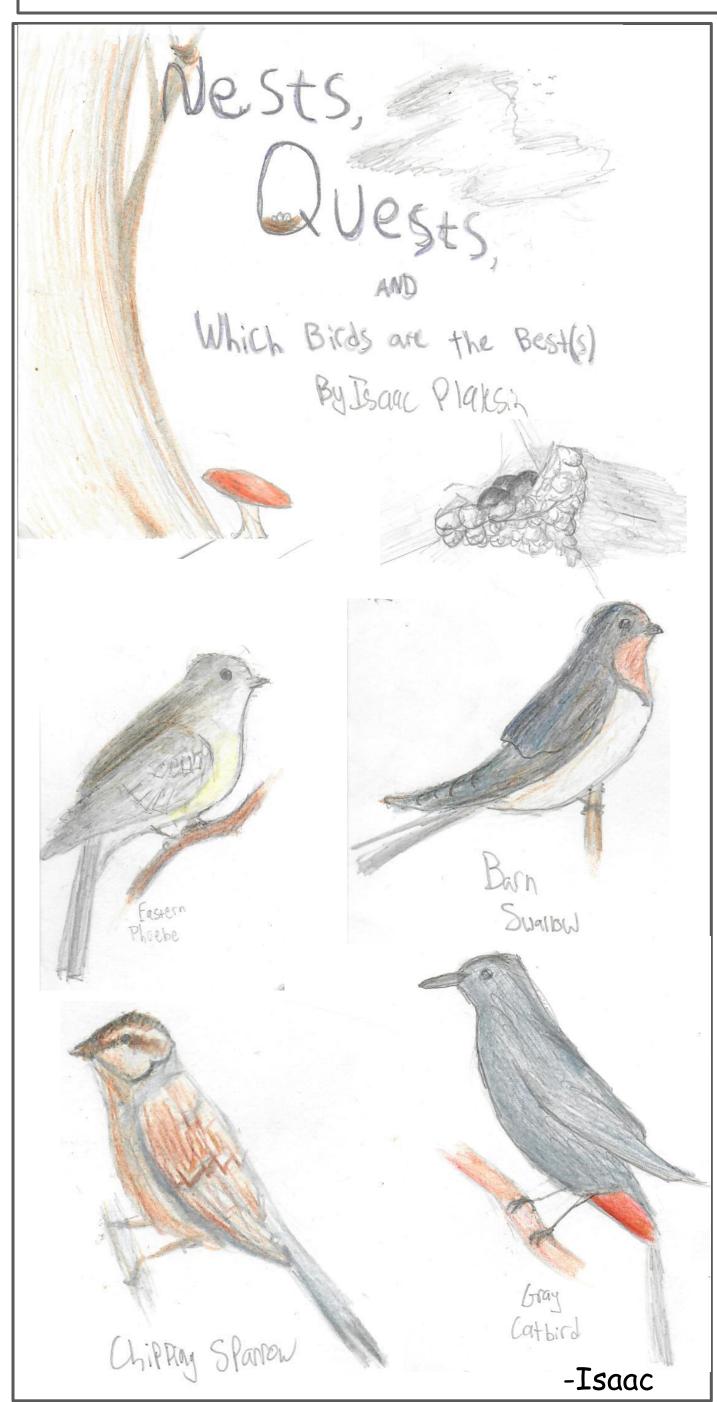
## The Birds in the Sky By Odette

The bird is chirping in the sky
The sun is shining so high
The clouds are fluffy and white as snow
The birds are crying Go Go Go

Their wings out and fly fly fly Fly to the sky they fly Within the morning light Then and take a rest at night

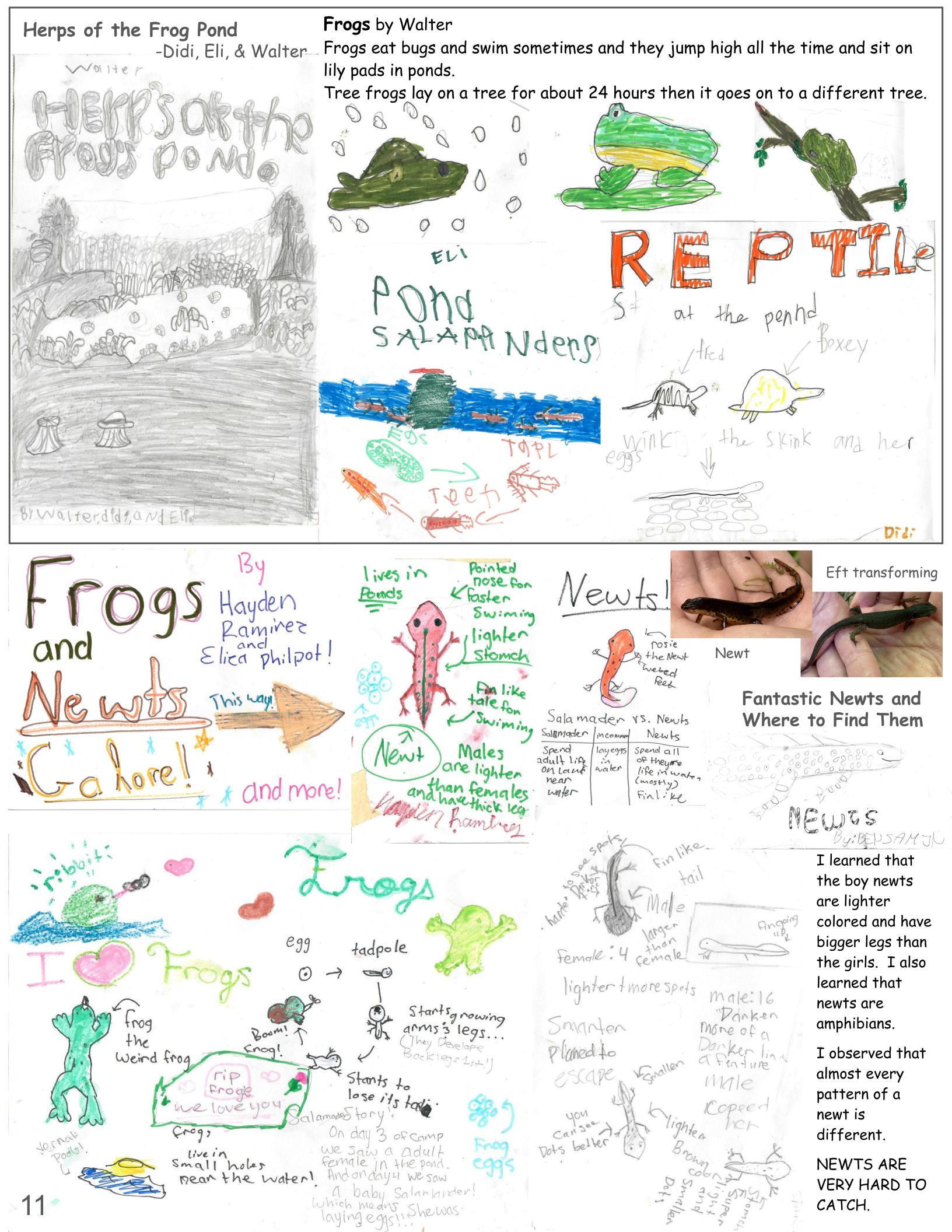
As the morning begins to wake
The birds are ready to fly fly fly
They spread their wings out to fly
Goodbye little birdy until next time!











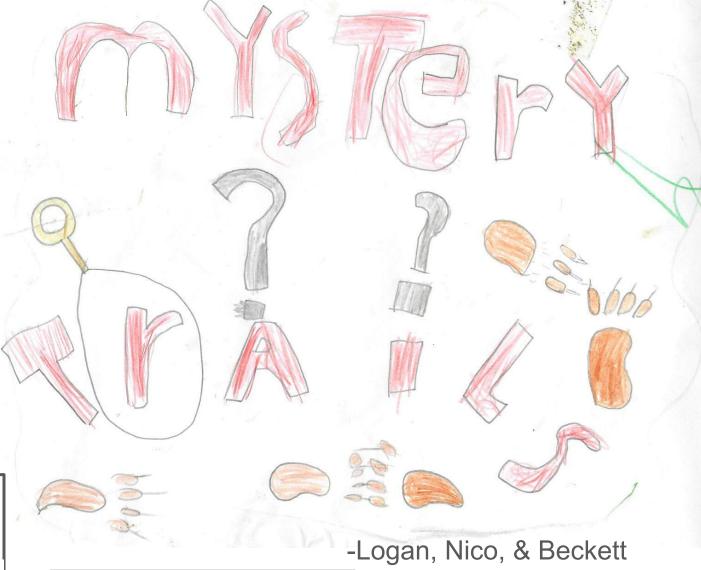




Fish Types -Lucia M.

- Rosyside Dace, 2-4.5 inches, eats aquatic and terrestrial insects
- Bluehead Chub, 3-10 inches, eats invertebrates, small fish, plants
- Banded Sculpin, 3-4 inches, eats aquatic insects and small fish on bottom
- Bridle Shiner, 1.5-2.5 inches, eats invertebrates

## Crazy Crayfish! antenna spinces abdomen -Tristan + Liam





-Teddy P.





Clues from the trail camera

## Mystery Trails

-Nico S.

I like that you can figure out what an animal is doing without seeing them!

We found bear scratches from a bear on a tree. We observed that there were honeycombs next to the bee nest that was destroyed by a raccoon! We think it was a raccoon because we found that it was sticking its nose into the leaves.

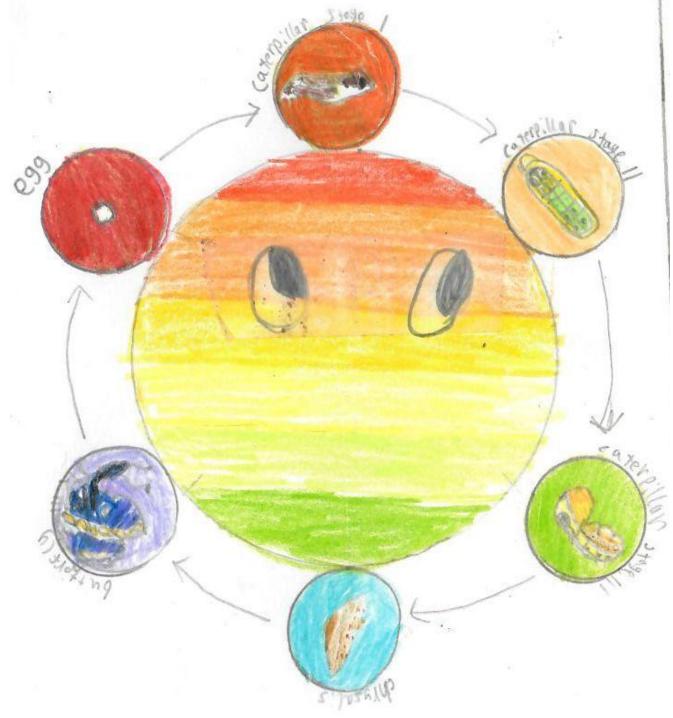
We learned that if you're invested in something, you can find out a lot about it.

## Mystery trails

-Beckett H.

We found a bee nest that was eaten by a raccoon we think. We learned that we can set up a camera and solve a mystery if we put our mind to it!

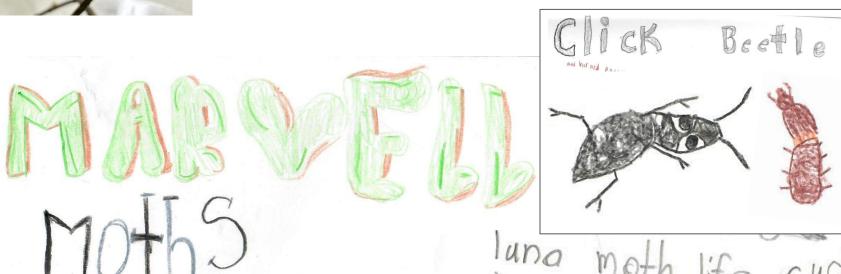




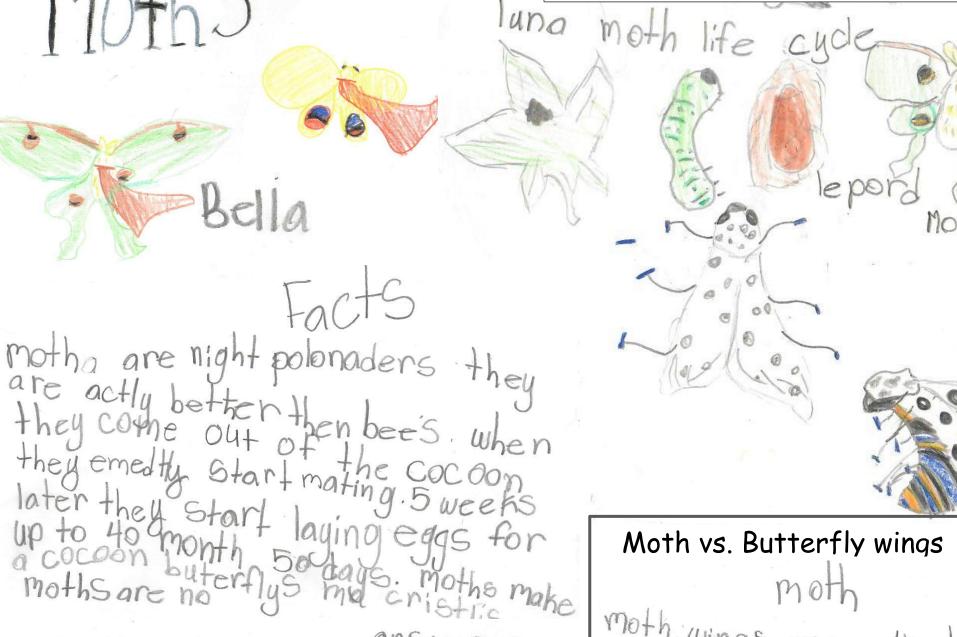
## Life Cycle of the Spicebush Swallowtail

Illy and Skyler

Throughout its various stages as a caterpillar, the spicebush swallowtail uses mimicry to hide. In its first stage, it mimics a bird dropping. By its second, it's too large for this, and develops large eyespots and green coloration, making it appear threatening, like a snake. A similar mimic to this is the click beetle.



The Giant Click Beetle has two distinct large, black eye spots with white rings around them. These make it appear larger and more threatening. The click beetle is named for the distinctive clicking sound it makes when it flips itself over if it gets upside-down.



they are really

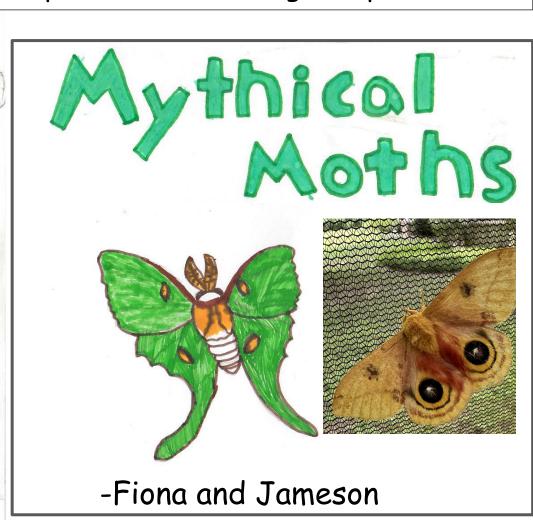
but Efull they r

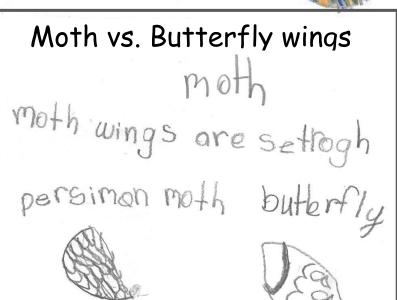
movement.

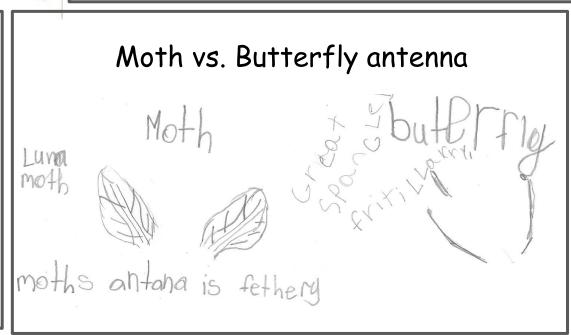
· lepord moth

· luna moth

. Pale tussake moth perssimon moth





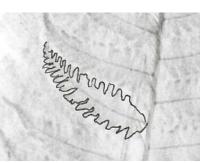




- Delicate leaflets
- Grows in areas with some sunlight
- Tapers significantly towards the base
- Found in large fern circle

#### Hay-Scented Fern

- Yellowish Brown-green
- Delicate
- Grows in shaded woodlands
- Found next to Frog Pond

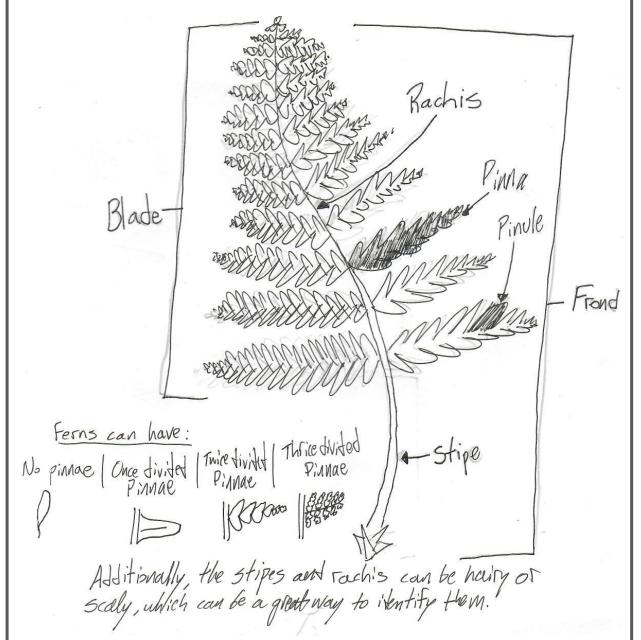


#### Ostrich Fern

- One of the largest ferns here
- Found in large clusters along streams
- Dark, woody stalks, dark green leaves
- Found on trail to Azalea Rocks

#### Christmas Fern

- Grows single sprouts in colonies
- Found along rocky slopes, ravines, stone walls
- Large, wispy leaflets that are green all year
- Found by the moth tent wall

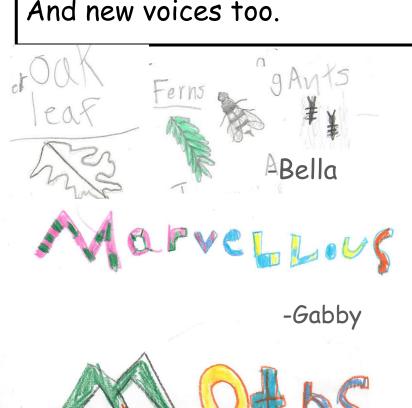


forsnake

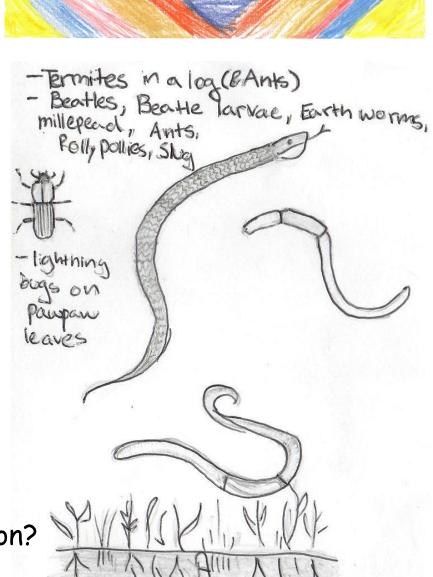
Snake by Quin Thomas
Under a rock would be a snake
Did you know they have a big emotion?
With shy and scared.

#### Safe Here

By Adeline Grady You are safe here The bird melodies singing in your ears The smell of ferns fills your nose The sight of the forest will fill your eyes And that is how you will know that you are safe here No matter what And if you just sit there The animals might just trust you enough That you may start to hear them Alone with past loved ones. And new voices too.





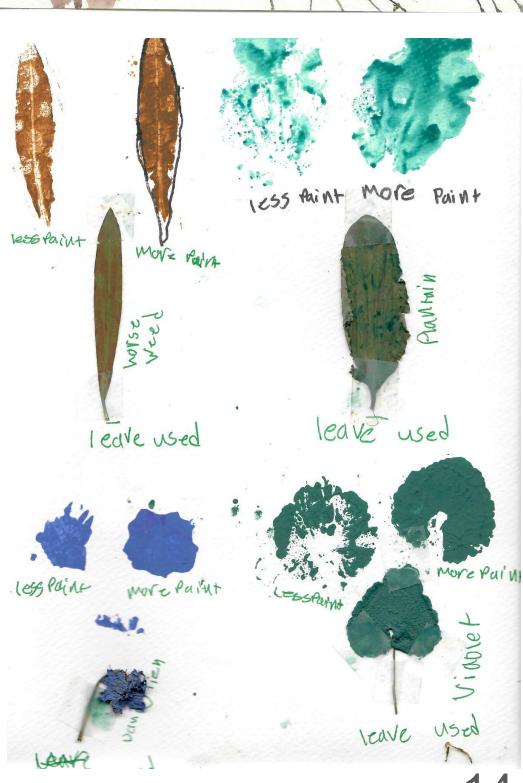


Observations by: Emily Scorike

## Art Around Camp by Ramsay







## Thank you to all of our wonderful Campers. See you next summer!









## Rappahannock Nature Camp 2025 Theme of study: "Community"

SUMMER CAMP: Rapp Nature Canp activities are outdoors. Activities include: hiking, games and songs, river time, quiet time, identifying plants and animals, assessing water quality, safely catching and releasing animals, creating your own nature-based project, drawing and writing, and more! Campers share their special projects and songs with visitors at an Open House on the Friday of each session. To learn more about Camp projects and discoveries, check out this issue of "News from Singing Creek"

ADULT ACTIVITIES: Our Perennial Campers are adult friends of camp who take time to keep the spark of community in nature! We gather during the Fall and Spring with a combination of Camp activities and excursions to natural gems in the area.

Nature Lessons are Life Lessons.

## 2025 Summer Camp Dates Monday-Friday, 9am-3pm

Week 1: June 9-13
For ages 12-16, includes Thursday campout

Day-only camps, ages 8-16:

Week 2: June 16-20 Week 3: June 23-27 Week 4: June 30-July 4

Open House Fridays at 1 PM Campers may attend any number of weeks; no two are the same!

Camp site is on the Upper Hazel River in Sperryville, 1 mile west of Rte. 231



## Since 1986. Celebrating our 40th Anniversary!

Get to know us and register online at RappNatureCamp.org Email: RappNatureCamp@gmail.com; Follow us on Facebook

Camp Director: Rachel Bynum © 540-252-6308
Rappahannock Nature Camp is a non-profit 501(c)(3) organization

